



Volunteer Opportunity

East Renfrewshire Integrated Services

Peer Volunteer – Physical Activity and Well-being

Ref:751

RAMH would like to recruit an enthusiastic individual with a lived experience of mental health issues who can identify and demonstrate the personal skills and attributes gained from their own personal journey of recovery to help develop and support our Physical and well-being activities in East Renfrewshire.

As the Physical Activity and Well-being Peer Volunteer, you will be using your lived experience of Mental Health and your associated recovery to support RAMH service users' engagement in physical activity and other well-being supports. This in turn will aim to reduce isolation, build structure to the week and raise the awareness of and connection too local community based resources.

Training:

Appropriate training will be offered including induction, “on the job” training, Peer to Peer, any individual development requirements, feedback and supervision.

Expenses will be paid as required

For further information or an informal discussion contact:
Mary Spence, Service Coordinator on: 0141 881 8811

Application packs can be obtained by telephoning RAMH on:
0141 847 8900 and asking to speak to the HR Department. Please quote ref no: 751
Application packs can be downloaded from the web-site www.ramh.org
Completed applications to be sent to Karen McCain - karen.mccain@ramh.org

Closing date: Tuesday 12th December 2023 at 12 noon

RAMH is an Equal Opportunities employer

Successful candidates will be subject to PVG/CRBS Disclosure check

